



Facts About . . .

SOURCE REDUCTION

THINGS KIDS CAN DO TO PROTECT THE ENVIRONMENT!

Conserve Energy!

- ✎ Turn off lights, stereo and TV when you leave the room.
- ✎ Keep doors and windows closed when the heat or air conditioning is on.

Help Clear the Air!

- ✎ Walk, bike or in-line skate instead of having your parents drive you places.
- ✎ Grow houseplants for cleaner indoor air.
- ✎ Avoid using permanent markers, use water-based ones instead.
- ✎ Plant a tree.
- ✎ Carpool to school or work.

Reduce, Reuse, Recycle!

- ♻️ Pack a zero waste lunch (see other side).
- ♻️ Make an art project from recyclable materials.
- ♻️ Give clothes you have outgrown and toys you no longer want to someone who can use them.
- ♻️ Bring grocery bags with you to the store so you can reuse them.

Conserve Water!

- ♻️ Take shorter showers.
- ♻️ Turn off the faucet when brushing your teeth.
- ♻️ Use a push broom instead of a water hose to clean sidewalks and driveways.
- ♻️ Pull weeds from your garden so they don't use up water your plants need.

Get Involved!

- ✓ Start or join a school environmental club.
- ✓ Organize a community cleanup.
- ✓ Start a school recycling program.



MARYLAND DEPARTMENT OF THE ENVIRONMENT
Waste Management Administration ♻️ Recycling & Operations Program
1800 Washington Boulevard, Suite 610 • Baltimore, Maryland 21230-1719
410-537-3314 • 800-633-6101 x3314 (within Maryland) • www.mde.state.md.us



Martin O'Malley
Governor

Shari Wilson
Secretary

Robert Summers, Ph.D.
Deputy Secretary

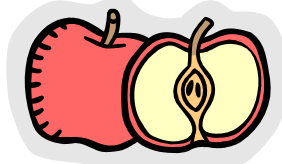
Anthony G. Brown
Lt. Governor



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SOURCE REDUCTION

Building a Zero Waste Lunch



Instead of using this . . .



Brown paper bag



Sandwich bags



Paper napkin or paper towels



Pre-packaged snack cup



Bottle of soda or a juice box



Plastic fork or spoon



Plastic wrap

Use this . . .



Lunch box or re-usable insulated bag



Square plastic sandwich container



Cloth napkin



Plastic re-usable container for snacks



Thermos or re-usable jug



Silverware or wash and re-use plastic ware



Plastic container or aluminum foil that you recycle



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